



# Kuakini Medical Center

A Subsidiary of Kuakini Health System

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## Pulmonary Sleep Disorders Center SLEEP STUDY ORDER FORM

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_ am / pm

Type of Test:  Night Study  Day Study  Bedside Study  MSLT  MWT

### Patient Demographics Please Print

Patient's Name: \_\_\_\_\_ Sex: M F Age: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(Last) (First) (M.I.)

Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ (H)  
\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ (B)  
\_\_\_\_\_ FAX/CELL/PAGER: \_\_\_\_\_

Insurance:  HMSA HMO/PHC/PPO  Medicare  UHA  HMAA  HMA  
Other: \_\_\_\_\_ Pre-Authorization needed  Yes  No

Referring MD: \_\_\_\_\_ Caller: \_\_\_\_\_  
\_\_\_\_\_ Phone: \_\_\_\_\_  
\_\_\_\_\_ FAX: \_\_\_\_\_

Special Instructions/Special Needs: \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Increased Neck Circumference \_\_\_\_\_

### REASON FOR TEST

- Diagnostic with treatment if indicated and time permits
- Assess or Re-Assess CPAP / Bi-Level Pressure
- Other: \_\_\_\_\_

### HISTORY AND PHYSICAL EXAMINATION (Referring MD to complete)

#### SECTION A: Specific History (Check all appropriate diagnosis):

- Habitual/Disruptive Snoring (786.09)
- Observed sleep-related apnea or gasping/choking
- Diagnosed Sleep Apnea Syndrome, clinical or otherwise
- Diagnosed Sleep Apnea Syndrome by polysomnography
- Unexplained pathological daytime sleepiness / Non-restorative sleep (780.54)
- Documented unexplained sleep-related cardiac arrhythmias (427.0)
- Documented unexplained sleep-related oxygen desaturation (799.0)

#### SECTION B: Disease Markers/Risk Factors:

- Hypothyroidism (Untreated) (244.9)
- Cerebro-Vascular Disease (acute) (436)
- Neuromuscular Disease: Specifically: \_\_\_\_\_
- HEENT Abnormalities:
  - Choking Sensation (784.9)
  - Nasal Obstruction of any kind (478.1)
  - Deviated Septum (470)
  - Tonsillar Hypertrophy (474.11)
    - With adenoids (474.10)
- Macroglossia (Acquired) (529.8)
  - Congenital (750.15)
- Micrognathia (Congenital) (524.00)
- Obesity (278.00)
- Long Soft Palate (524.8)
- Narrow Posterior Pharyngeal Opening (478.20)
- Hypertension (401.9)
- Unexplained Cor Pulmonale (chronic) (416.9)
- Unexplained Polycythemia (289.0)
- Morning Headaches (784.0)
- Memory Impairment (780.9)
- Unexplained Sleep-Related Enuresis (788.30)

#### SECTION C: Other Indications:

- Insomnia
- Ischemic Heart Disease (414.9)
- Stroke (438.9)
- Mood Disorder (296-301)
- Congestive Heart Failure (428.0)
- Impaired Cognition (294.9)
- Attention Deficit Disorder with Hyperactivity (314.01)

### Current Medications

Sleep Medication use:  Yes Name of Drug: \_\_\_\_\_ Other medications \_\_\_\_\_  
Allergies:  None  Yes (Specify): \_\_\_\_\_

**SLEEPCLINIC**  Please follow and treat this patient for all sleep problems and complaints in the PSDC Sleep Clinic.

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

MD to sign below if this H&P is being revised for repeat testing or for order changes.

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

